



NIVEAU 1 - DEBUTANT

**Issu de la méthode Language in Use
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Reflex'English Niveau 1 s'adresse aux débutants mais aussi à ceux qui souhaitent revoir les bases grammaticales et lexicales de l'anglais. Le contenu pédagogique est divisé en 12 unités. Chaque unité est composée de 4 leçons : 2 leçons d'apprentissage, 1 leçon de révision permettant de consolider les connaissances acquises dans les deux leçons précédentes, puis, selon le cas, 1 leçon vidéo ou 1 leçon de test portant sur le contenu des trois unités précédentes. Le cours du niveau 1 se termine par un test de connaissances général qui sert à évaluer les progrès de l'apprenant sur l'ensemble du contenu.

Les compétences linguistiques sont développées simultanément par le biais d'exercices interactifs, d'animations multimédias, d'enregistrements sonores et de vidéos. Chaque leçon est organisée autour d'un sujet à étudier et permet de réviser le vocabulaire, la grammaire et les spécificités linguistiques. L'interface graphique, soignée et intuitive, permet un accès permanent et pertinent aux éléments de vocabulaire, de grammaire ou de révision. Des outils supplémentaires (précis de grammaire, dictionnaire, expressions, reconnaissance vocale) viennent compléter l'apprentissage et sont accessibles à tout moment.

Parmi les objectifs de ce niveau : comprendre des phrases et expressions utilisées fréquemment dans les situations courantes ; communiquer de manière simple et directe sur les activités et conditions de la vie quotidienne (savoir décrire sa situation personnelle et professionnelle, son environnement, parler des métiers...).

Le contenu pédagogique de Reflex'English Niveau 1 correspond au niveau A2 du Cadre européen commun de référence. Il permet une préparation efficace à l'examen du KET (Key English Test), le premier de la série d'examens de Cambridge en anglais langue étrangère.

Unit A – Lesson 1 - People and places

Greetings; introductions; saying where you're from

Grammar: Pronouns; Present tense of "to be"; short forms; "This is..."

Listening: "Photos"

Unit A – Lesson 2 - In the family

Talking about your family; saying how old people are

Vocabulary: people; family relationships; singular and plural nouns; numbers 1-20

Listening: "Parents and Children"

Unit A – Study Pages A

The alphabet; review – lessons 1 and 2.

Grammar: Pronouns ("my", "your", "his", "her"); "have" / "has".

Phrases: Greetings

Writing: "My friend Maria"; Pronunciation.

Unit A – Video A - Who are you?

We meet presenters Liz and David, and find out a few things about them. Then we look at the cities where they live. David lives in London and Liz in Cambridge.

Grammar: Verbs *to be* and *to have*

Vocabulary: Colours, appearance, number (age), places

Unit B – Lesson 3 - To be or not to be

Correcting people and asking questions

Grammar: Negative form of "to be"; "yes/no" questions; questions with "Who", "What" and "Where"

Listening: "Spell the words"

Unit B – Lesson 4 - Things around you

Describing objects; giving and receiving presents; saying where things are

Vocabulary: colours; parts of a room; everyday objects; place prepositions

Listening: "Birthday presents"

Unit B – Study Pages B

Numbers 21-100; review – lessons 3 and 4

Grammar: "a" and "an"; "this", "that", "these", "those"

Phrases: Excuse me

Writing: "Pictures of people"

Pronunciation

Unit B – Video B Who lives here?

Liz looks around someone's house, and tries to decide who lives there: is it a man or a woman? She looks in the living room, the kitchen and the bedroom. At the end, she meets the person who lives there.

Grammar: *There is/are*; Question forms

Vocabulary: Rooms, everyday objects

Unit C – Lesson 5 - There's...

Describing and asking about places; finding differences

Grammar: "There is/are"; "some" and "any"; questions with "How many...?"

Listening: "Language school"

Unit C – Lesson 6 - Where you live

Talking about flats and houses

Vocabulary: rooms; furniture; things in the home; addresses and telephone numbers

Listening: "Who are you?"

Unit C – Study Pages C

Possessives; review – lessons 5 and 6.

Grammar: Singular/plural; "a" and "the"; ordinals

Phrases: Can I have...?

Writing: "Describing places"

Pronunciation

Unit C – Test of units ABC

Test of units A, B and C

Unit D – Lesson 7 - Things people do

Saying what people do and don't do

Grammar: Present simple tense; 3rd person singular; positive and negative forms

Listening: "I like ..."

Unit D – Lesson 8 - Food and drink

Saying what you eat and drink; describing dishes; asking for things in restaurants

Vocabulary: food and drink; things on the table at mealtimes

Listening: "In a restaurant"

Unit D – Study Pages D

Telling the time; review – lessons 7 and 8.

Grammar: Object pronouns; frequency adverbs

Phrases: On the phone

Writing: "Breakfast"

Pronunciation

Unit D – Video D - Lucy and Henry

We meet a married couple, Lucy and Henry, who are very different. We find out what they like (and don't like) doing, and what they do at the weekend.

Grammar: Present simple tense; frequency expressions

Vocabulary: Everyday activities, common verbs

Unit E – Lesson 9 - Do you...?

Asking people about what they do; talking about daily routine

Grammar: Present simple; “yes/no” questions; “Wh-“ questions

Listening: “When are they together?”

Unit E – Lesson 10 - Things people buy

Shopping at a market; talking about shops; saying where shops are

Vocabulary: buying and selling; shops; things you can buy in shops; place prepositions

Listening: “Shopping”

Unit E – Study Pages E

Days of the week; review – lessons 9 and 10.

Grammar: Weights and measures; I like and I'd like

Phrases: What does it mean?

Writing: “My top three places”

Pronunciation

Unit E – Video E - Someone's watching you

David finds out about security cameras in an English town. He shows us around the town and interviews a security officer. In the final section, we see a real crime filmed by a security camera.

Grammar: Present simple and continuous; question forms

Phrases: Place prepositions, towns and shops

Unit F – Lesson 11 - What's going on?

Saying what people are doing and where they are; asking what people are doing

Grammar: Present continuous tense; “yes/no” and “Wh-“ questions; place expressions

Listening: “On the phone”

Unit F – Lesson 12 - Describing people

Saying what people are wearing and what they look like; talking about jobs

Vocabulary: clothes; jobs and places of work; adjectives for describing people

Listening: “Where are the Browns?”

Unit F – Study Pages F

Imperatives; review – lessons 11 and 12.

Grammar: Expressions with “have”; “at” + place

Phrases: Hurry up!

Writing: “People doing things”

Pronunciation

Unit F – Test of units DEF

Test of units D, E and F

Unit G – Lesson 13 - How much?

Talking and asking about quantity; asking people for things

Grammar: count and non-count nouns; “much” and “many”; “some” and “any”; forms of “have got”

Listening: “I want...”

Unit G – Lesson 14 - Around the year

Talking about seasons, climate and weather

Vocabulary: words for describing the weather; seasons; months of the year

Listening: “Good times, bad times”

Unit G – Study Pages G

Can; review – lessons 13 and 14

Grammar: “have” and “have got”; numbers over 100;

Phrases: Would you like...?

Writing: “Birthdays”

Pronunciation

Unit G – Video G - A carnival in London

David visits the Notting Hill Carnival in London. He listens to the music, watches the dancing, tries some Caribbean food - and buys a hat.

Grammar: Past simple; Present simple & continuous; Quantity

Vocabulary: Weather, food, prices

Unit H – Lesson 15 - In the past 1

Talking about past actions; telling a story; describing something in the past

Grammar: Past simple tense; Past tense of the verb “to be”; irregular past forms; past time expressions

Listening: “The next morning”

Unit H – Lesson 16 - Around the world

Describing countries; talking about languages

Vocabulary: geographical terms; names of countries and continents; languages

Listening:
“Other languages”

Unit H – Study Pages H

Dates; review – lessons 15 and 16.

Grammar: Verbs with two objects; “in” and “on” + place

Phrases: I'm not sure

Writing: “and”, “so”, “because”

Pronunciation

Unit H – Video H - We went to Paris: A video diary

In this video diary, we follow Lee and Tina as they travel to Paris for the weekend. They see the sights, go on a boat trip and have dinner in a restaurant - as well as visiting Disneyland.

Grammar: Past simple

Vocabulary : Transport, places

Unit I – Lesson 17 - In the past 2

Saying what people did and didn't do; asking questions about the past; remembering

Grammar: Past simple tense, positive and negative; "yes/no" and "Wh-" questions; more irregular past forms

Listening: "Can you remember?"

Unit I – Lesson 18 - How to get there

Talking about ways of travelling and moving around; giving directions

Vocabulary: direction prepositions; public transport; expressions for giving directions

Listening: "Bags of gold"

Unit I – Study Pages I

Short answers; review – lessons 17 and 18

Grammar: Consolidation: "very", "quite" and "not very"; years

Phrases: Let's ...

Writing: "Then ..."

Pronunciation

Unit I – Test of units G, H, I

Test of units G, H and I

Unit J – Lesson 19 - You mustn't do that!

Explaining rules; asking for and giving permission; saying what you have to and don't have to do

Grammar: "must" and "mustn't"; "can" and "can't"; "have to" and "don't have to"

Listening: "House rules"

Unit J – Lesson 20 - The body

Describing bodies and actions; describing physical appearance; describing actions

Vocabulary: parts of the body; adjectives describing physical appearance; action verbs

Listening: "Exercises"

Unit J – Study Pages J

Adverbs; review – lessons 19 and 20

Grammar: Verbs with "to", "at" and "about"

Phrases: Could you...?

Pronunciation

Writing: "Animals"

Unit J – Video J – A tropical island

We visit Fraser Island, off the coast of Australia, and meet David, who works there as a ranger. David shows us around the island, which has lakes, tropical rainforest and wildlife, and tells us a little about its history.

Grammar: Comparison; obligation; present & past forms

Vocabulary: Geographical features, animals

Unit K – Lesson 21 - Good, better, best

Making comparisons; describing outstanding features

Grammar: comparative adjectives; “than”; superlative adjectives

Listening: “Buying things”

Unit K – Lesson 22 - Free time

Talking about leisure activities and sport; talking about likes and dislikes

Vocabulary: leisure activities and sports; leisure facilities; “like/enjoy” + “-ing”

Listening: “At the weekend”

Unit K - Study pages K

Verb + “to” + infinitive; review – lessons 21 and 22

Grammar: Expressions with “go”

Phrases: What did you say?

Writing: “and”, “but”, “also”

Pronunciation

Unit K – Video K - Surfing the sky

Our presenter David does a parachute jump. We meet his instructor, see their preparations, and follow them during the jump itself. In the second part of the programme, we see people sky-surfing.

Grammar: Future with *going to*

Vocabulary: Leisure activities

Unit L – Lesson 23 - Future plans

Talking and asking questions about future plans; talking about future arrangements

Grammar: “going to”; questions with “going to”; Present continuous tense with future meaning

Listening: “At the airport”

Unit L – Lesson 24 - Feelings

Describing feelings; expressing opinions about films and TV programmes

Vocabulary: physical feelings; emotions; adjectives describing quality

Listening: “Three stories”

Unit L – Final Review

Final review

Unit L – Test of units JKL

Test of units J, K and L

Summary Test - Beginner

Test of all units